

**Karate • Jiu-Jitsu • Kali • Kids • Self-Defense**



## **Valley Martial Arts Center (VMAC)**

### **Waiver and Release of Liability**

In consideration of being allowed to training at Valley Martial Arts Center (VMAC) and their related events and activities, the undersigned:

1. Agree that the student(s)/parent(s) or legal guardian(s) prior to participating, will inspect facilities and equipment to be used, and if they believe anything is unsafe, he or she should immediately advise his or her coach or instructor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, in-actions or negligence, but the action, inaction or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the foregoing risk and accept personal responsibility for the damages following such injury, permanent disability, or death.
4. Release, waive, discharge and covenant not to sue the VMAC, the affiliated clubs, their respective clubs, their respective administrations, directors, instructors, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise. In the event of injury, the athlete will pay all medical costs.

I HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT I/WE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.